

Lone Peak Volleyball Practice and Game Calendar

August 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10 Tryouts 9-12 & 1-4	11 Tryouts 8-10 for 9 th & 10 th gr 10-12 & 1-4 for JV/Varsity	12 Tryouts 8-10 for 9 th & 10 th gr 10-12 & 1-4 for JV/Varsity	13 Two-A-Days 9-12 & 1-4 Parent Mtg. 7pm, LP Cafeteria	14 Two-A-Days (Velocity Data 9:00 AM Open Court) 9-12 & 1-4	15
16	17	18	19 Two-A-Days 2-5 VT 6-7:00 PM	20 Aday Two-A-Days 1:30-4:30 VT 7-7:30 PM Fresh 4-6	21 Bday	22 Jr. Knight Try-outs 9:00 AM-12:00 PM LP VOLLEY CAR WASH VT (7AM-9:30 PM)
	Jr. Knight Clinic Fundraiser 9-12 Noon	Jr. Knight Clinic Fundraiser 9-12 Noon			Practice 2:30-5:30 Soph 3-5	
	Two-A Days 2-5 VT 6-7:30 PM	Two-A-Days 2-5 VT 6-7:30 PM			Fresh 4-6	
23	24 Aday	25 Bday	26 Aday	27 Bday	28 Aday	29 Soph/JV Tourn @ LP 8-6 (Fresh and Varsity Work)
	Practice JV/V Till 4:30 Soph 3-5	Practice JV/V Till 5 Soph 3-5	Practice JV/V 1:15-4:30 Soph 3-5	Practice JV/V Till 5 Soph 3-5	Practice Varsity 1-3	
	Fresh 4-6	VT 6-7:30	Fresh 4-6	VT 6-7:30	Soph/JV Tourn @ LP 3-9 (Fresh and Varsity Work) Fresh No Practice	
30	31 Bday				VT=Velocity Training	
	Practice JV/V Till 5 Soph 3-5					
	Fresh 4-6					